

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



September 2016 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meeting on Thursday, October 13th and Thursday, November 10th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit www.strathcona.ca/parentlink.

Yoga Classes at the Hall

Yoga is starting soon, and switching to a new night - Mondays from 8 to 9 p.m. Sign up for the 6-week session (Monday, Sept 19 to Monday, Oct 31 ... no class on Thanksgiving). Class will be \$80 for 6-week session (\$75 for Community League members) and drop in for \$15. Contact **Jayleen** at jayleenrenneberg@gmail.com for more info or to register. Drop ins are great but she needs 6 people to register for the full session for the class to go ahead.

Zumba Classes at the Hall

Come out and see what all the fun is about with our Zumba classes at the Hall on Thursday nights from 7 to 8 p.m. October 6th to November 10th. \$75 for the session or \$15 drop in. Contact **Kerri** at **922-6821** or kerri.orthner@live.ca. She needs 8 people registered for the class to go ahead.

Girl Guides for Ages 5 to 15 (Sparks, Brownies, Guides and Pathfinders)

Tuesday nights from 6:15 to 7:45 p.m. at the Hall. For more info, contact **Shari** at slaschuk@telus.net.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. Contact **Vi Haase** for more info at **922-2174**.

Trail Days another big success!

Thank you to everyone who came out to enjoy our Trail Days event on Saturday, August 20th! We had great weather and a fantastic turnout, including many new families in our area. Special thanks to all of our amazing volunteers and sponsors who help make this day possible! For a list of thank yous, please see page 3.

Fall and Winter Classes – Ideas Welcome!

Dance, yoga, meditation, Girl Guides, art, Happy Feet indoor soccer, photography, taekwondo, drama, writing, Zumba and belly dancing classes have recently been offered at our Hall. What other classes would you like to see this Fall and Winter? Unfortunately it sounds like Taekwondo may not go ahead but we are hoping there is still a chance. Would you also like to see art, drama, dance, etc.? We are also looking for ideas for daytime classes for little ones or homeschool families. Contact **Heather** at cromb@mcsnet.ca with your ideas. We are hoping to offer art classes for kids and adults on Wednesday nights. Please contact us for more details.

Sign up Today for your Community League Membership

Community League Membership is available and gives you discounts on community classes, parties and other activities. Contact **Jaime** at **780-975-6724** or **jaimelynch83@hotmail.com** if you would like to sign up.

Food bank drive at Fire Station 2

There is a Food Bank Drive running from Sept 6-18. All donations can be dropped off at the fire hall Tuesday – Friday from 1 to 4 pm. and Wednesday from 7 to 9 p.m.

Our Girl Guiding Unit is Growing!

Some exciting news! Our Guiding Unit is growing! There are 3 new Sparks leaders this year and so we will be opening a separate unit for the younger girls. The existing multi branch unit will now include Brownies, Guides and, new this year, Pathfinders (for ages 12-15). Please contact Shari at **slashuk@telus.net** for more information. We have been told the South Cooking Lake Unit has been showing online as full but there is a waiting list and more spots may open up soon. They just need some adult volunteers to help make that happen.

Any Interest in Starting a Cub/Beaver Scout Group in our Area?

We're happy to see so many girls in our local Sparks/Brownie/Girl Guides shared unit and we're wondering if there is interest in starting a Cub/Beaver Scouts unit for the South Cooking Lake area. Please contact **Betty** at **922-0094** or **bettygabert@gmail.com** if you're interested and share this with any other families that you think might be. For more information about Scouts, visit **www.scouts.ca**.

New Facebook Group Provides Updates on Classes and Events at the Hall

Would you like to stay up-to-date on the latest classes and events coming up at our Community Hall? Facebook is an excellent way to hear the latest news. There is a group called "South Cooking Lake Events and Classes at the Hall" that you can join and please "like" the South Cooking Lake Community League page as well.

New Facebook Group for Childcare in our Area

Are you looking for a babysitter or a dayhome for your child, or are you offering childcare services? A new Facebook group has been set up to help families in our community connect. You can find it under "South Cooking Lake Childcare and Babysitting Services."

Looking for Instructors

We are looking for instructors for a variety of classes at our Hall. Would you or would someone you know be interested in teaching a class in our community? We would love to hear from you! Some suggestions for classes have been gymnastics for kids, digital scrapbooking, sewing, crocheting, Pilates, Irish and hip hop dance, art, etc. Other ideas for classes are always welcome. Thank you for your help! Please contact **Heather** at **cromb@mcsnet.ca** with your ideas.

Community Halloween Party

Would you like to help organize a community Halloween kids party or dance in our community? We have plenty of decorations, and many families who would love to attend. We just need some volunteers to help with organizing. Contact **Heather** at **cromb@mcsnet.ca** if you are able to help.

Community Craft Sale is set for Saturday, December 3rd

If you would like to be a vendor at our Community Christmas Craft Sale, please contact **Shawna** at **920-6128** or **Shawna.opal@gmail.com**.

Recycle Your Kids Toys

We are looking for donations of ride on toys, play tents and tunnels, a bouncy house or other things for kids 6 and under that we can use at parties or on a playgroup morning at the Hall. If you have something your kids have outgrown and you're looking to pass it on, we would appreciate it very much. Contact **Jaime** at **jaimelynch83@hotmail.com** or **780-975-6724**.

Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact **Troy O'Connor** at **587-985-5462** or **tman2674@gmail.com**

Stay Connected!

Don't forget to join the South Cooking Lake Community League Facebook page to receive updates about community events, and visit our website at **www.southcookinglake.com** for more information about events in our community. You can also receive this monthly newsletter by email. If you or someone you know would like to be added to our email subscriber list, please contact **Heather** at **cromb@mcsnet.ca**.

Trail Days Thank Yous

THANK YOU to all the volunteers who helped with our Trail Days event on Saturday, August 20th and to all of the businesses, groups and individuals who provided their services or donated items, equipment or funding for our event. We truly appreciate your generosity and could not have done it without you!

Strathcona County, including Mayor Roxanne Carr and Councillors Linton Delainey, Fiona Beland-Quest, Dave Anderson and Paul Smith, the Library and Bookmobile, Recreation, Parks and Culture, Transportation and Agriculture Services, Utilities, Emergency Services, Strathcona County Fire Station #2 and Parent Link

MLA Estefania Cortes-Vargas and the representative from MP Garnet Genuis

Our amazing Corporate Sponsors: Shell Canada Ltd., Strathcona County Library and Bookmobile, MCSNet, Strathcona County, Classic Landscape, SCL Greenhouse, Remax, Colchester Agricultural Society, Arctic Chiller, Country Boys, Spirit Quest Liquor Store, and Bill Neil and his crew.

The South Cooking Lake Heritage Committee

Classic Landscaping (Greg Patterson)

The Sherwood Park Radio Club for organizing all of the parking at the pancake breakfast and parade

Dairy Queen

Sherwood Park News

Bouncin Around Inflatables

South Cooking Lake Seniors Association

Alberta Tourism, Parks and Recreation

Lou McDougall and Engraving Specialty Products

Cathy Paltzat for the beautiful work on the signs and the set up for the Country Market

Simone for the wonderful window art at the Firehall Diner

Diana Balbar and Friends of Bel-Bar Ranch for the pony rides and musical ride demonstrations.

The SCL United Church

Doug and Kari Siewert with Ministik Church for the concession

Our local businesses and our community volunteers who organized activities at the Top of the Hill (Country Market)

The Show & Shine organizing team

Art Bailey and Barry Gillis for organizing the horseshoe tournament

Jeff for washing down the hall

Jilles Zandbergen for supplying the water for the waterslide

Sharon and Al Henderson for organizing the parade

Our Parade Marshalls Debbie and Keith Cameron

All of our volunteers who helped with games, facepainting, serving food, helping at the beer garden, set up and clean up, answering questions, and lending a hand where ever help was needed.

A huge thank you to Allan O'Connor, Troy O'Connor, Nathan Dyer, Kole Martin and the guys and gals from Agriculture Services for helping to move all the tables, barricades, garbage cans etc. when then were dropped off in the wrong place. They all went above and beyond.

And a very special thank you to Aila Beck-Merritt and the Trail Days Organizing Committee for their year-long planning and all of their hard work on the day – Sheila Mills, Shawna Kozak, Diana Balbar, Maureen Mudie, Cathy Paltzat, Al and Vi Haase, RoseAnn Gillis, Jan and Len Gilles, Lou McDougall, Teresa Mistecki, Al and Sharon Henderson, Allan O'Connor, Troy O'Connor, Betty Gabert, Doug and Kari Siewert and Bev Kruse.

It takes a lot of help to make an event of this size a success! Our sincere apologies if anyone was missed on this list.

President:

Terrell Fletcher

922-5522 or tfletcher270@gmail.com

Hall Rentals:

Troy O'Connor

587-985-5462 or tman2674@gmail.com

Newsletter:

Heather Cromb

cromb@mcsnet.ca

Thank you to these advertisers for helping to support this newsletter and activities in our community.



We are now pleased to offer
FULL SERVICE COMPANION ANIMAL CARE.
 We look forward to meeting you and your pets; fulfilling your family's veterinary needs




West Wind
 veterinary hospital

Call and book your appointment today at
780-662-0112

51136 Range Road 212 – Only 20 minutes from Sherwood Park or Tofield

Offering high quality and compassionate veterinary care for your pets Monday to Saturday, in addition to our state of the art equine veterinary care available 24/7.



Conveniently located just off highway 14. Drop off your pet on your way into work and pick up on your way home.



orionevents.ca
ORION
 Event Services

Terrell Fletcher
780-982-5524

- ★ Event Rentals
- ★ Outdoor Movies
- ★ Inflatable Castles



STRATHCONA COUNTY

Bonnie Riddell
 Councillor, Ward 7

2001 Sherwood Drive
 Sherwood Park, Alberta T8A 3W7

780-464-8003 F: 780-464-8114
 Bonnie.Riddell@strathcona.ca



www.strathcona.ca

At your service...
 in rural Strathcona County

| | |
|---|---|
| South Contact Office | Rural Liaison Team |
| 22142 South Cooking Lake Road (in Fire Station #2) | 780-922-1318 |
| Tuesday to Friday 1 p.m. to 4 p.m. | RuralContactOffices@strathcona.ca www.strathcona.ca/rural |




TD Canada Trust

Mortgage advice
 Wherever, whenever

Kristy Chamulke
 Mobile Mortgage Specialist
 T (780) 232-4349
 F (780) 669-5616



South Cooking Lake
recycle events



Next date September 24 & 25

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.





A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
 Fire Station #2
 22142 South Cooking Lake Road

Questions?
 780-449-5514
www.strathcona.ca/utilities

Promote your business or event and support your community at the same time

Advertise in the South Cooking Lake newsletter!
 Only \$10 for business card size ad.

Contact Heather at cromb@mcsnet.ca for more information.

