

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



September 2015 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meetings on Thursday, September 10th and Thursday, October 8th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program

Drop by the SCL Hall on Thursday mornings from 9 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit www.strathcona.ca/parentlink.

Yoga and Fitness Classes at the Hall

Contact Jayleen at jayleenrenneberg@gmail.com or check our Facebook page (under South Cooking Lake Hall) for more information about fall classes, starting in October.

Wednesday Night Dance Classes at the Hall

Contact Leah at leahsarafinchan@hotmail.com for more info about fall classes or check our Facebook page (under South Cooking Lake Hall) for more information about fall classes, starting in October.

Children and Youth Programs at SCL United Church

The Church is exploring new and interactive children and youth programs. All families are welcome on Sundays at 10:30 a.m. Contact Ooi Lin at **(780) 922-2483** for details.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 6 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. A Seniors Travelling Café put on by Family and Community Services will be offered on the second Thursday of each month from 1-3 p.m. No membership required for this. Contact Vi Haase for more info at **922-2174**.

September East Coast Ceilidh

Join us on Saturday, September 19th at 7 p.m. at the SCL Hall for live music, great food and lots of fun! ☺ Free admission if you bring an instrument. Tickets are \$10 and are available at the door. Cash bar will be available as well as food provided by the Community League.

Check out our new calendar feature on the back page. Keep it on your fridge as a reminder of what's happening in our community each month. ☺

Trail Days – Another Great Event!

Thank you to everyone who came out to enjoy our annual Trail Days event on Saturday, August 15th. It was a rainy day but that didn't dampen our spirits! What a wonderful day to share with our neighbors! A complete list of Thank Yous is included on Page 3.

SCL Summer Program – Thank you for coming out!

Thank you to Ashley, our recreation leader at the playground all summer, and to all the kids and families who came out to meet her and have some summer fun. Please let us know what you thought of the program. Would you like to see it continue next year? Send your comments to Heather at cromb@mcsnet.ca.

County's FIRESMART free wood-chipping service

Are you interested in having the County provide a free wood-chipping service for South Cooking Lake? We need a few more families to sign up for them to come out. You just need to put out your wood and branches by your regular garbage pick up spot on the date chosen and the County will take care of it. No restrictions on the amount of wood. Pieces must be under 1 foot in diameter. Email cromb@mcsnet.ca with your house number if you are interested. The event must be held before the end of September so we are hoping to arrange soon.

Firehall Diner is Closing

Maureen, the owner/operator of the Firehall Diner, is retiring on September 27th, 2015 and the Firehall Diner will be closing. "It has been a great seven years ... so many new friends and all will be missed. Thank you," said Maureen. We will miss you, Maureen, but we wish you a very happy retirement! ☺

Organizers for Care for Claire Fundraiser Say a Big Thank You

Thank you to everyone who donated bottles during Trail Days for this wonderful fundraiser. The family is deeply appreciative for all of the contributions to help pay for a wheelchair accessible van for Claire. To read more about Claire and her family, please visit the YouCaring fundraising site: www.youcaring.com/claire-layton-385782.

Drama Workshop for Kids Planned for September

If you would be interested in a class where your children could learn some introductory acting skills like voice projection, storytelling and movement, and play fun improv games, contact Heather at cromb@mcsnet.ca. We have a couple of energetic high school drama students who would like to teach a class this fall.

ParentLink Move and Groove Program

Parent Link is offering a FREE Move and Groove program at our hall on Thursdays from October 8th to November 12th from 9 to 10 a.m. Then stay at the hall for the regular Parent Link playgroup from 10 to noon. We hope to see you there! Call **780-416-6730** to sign up for this energetic and interactive music and movement session!

Babysitter Meet and Greet

Are you looking for a reliable babysitter in our community or are you a babysitter who would like to meet families looking for local childcare? We've received requests for a Babysitter Meet and Greet event and we are hoping to offer one at the SCL Hall soon. We are looking for a volunteer or a couple of volunteers to help coordinate the event. If you would like to attend as a babysitter or parent, or are able to help organize, please contact Heather at cromb@mcsnet.ca.

Share Your Talents with our Community

Do you or does someone you know have a skill you could teach people in our community? We're looking activities to offer at the Hall and we would love to find opportunities for people in our community to learn from each other. Share your talents, meet new people, and get some added income at the same time. This could be a workshop or a weekly class. Times are flexible. Contact Heather at cromb@mcsnet.ca with your ideas.

The Travelling Hat

Are you going on a trip soon? Don't forget to take the Trail Days Hat with you and get a picture of yourself wearing it on your vacation. Photos are posted at the Hall to show all of the places our community members have travelled to. Latest adventures for our hat: Scotland ☺ Contact Aila at **922-1653** or abeckmerritt@gmail.com to pick up the hat.

Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our hall, contact Cathy Hicks at **922-3029** or chicks@telus.net. Birthday party rental packages are also available.

Stay Connected!

Don't forget to add your name to the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at www.southcookinglake.com for more information about events, classes and other news in our community. If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact Heather at cromb@mcsnet.ca.

Advertise to your community!

Want to promote your business or event and support your community at the same time? Why not advertise in the South Cooking Lake newsletter? Only \$10 per month for business card size ad. Contact Heather at cromb@mcsnet.ca for more information.

Trail Days Thank Yous

THANK YOU to all the volunteers who helped with our Trail Days event on Saturday, August 15th and to all of the businesses, groups and individuals who provided their services or donated items, equipment or funding for our event. We truly appreciate your generosity and could not have done it without you!

Strathcona County, including Mayor Roxanne Carr and Councillors Bonnie Riddell , Linton Delaine, Vic Bidzinski, and Paul Smith, the Library and Bookmobile, Recreation, Parks and Culture, Transportation and Agriculture Services, Transit, Utilities, Emergency Services and RCMP, the Corporate Planning and Intergovernmental Affairs Rural Liaison Team, Strathcona County Fire Station #2 and Parent Link
Carolyn Brandon and Patty Hoy from the Strathcona County South Contact Office

The South Cooking Lake Heritage Committee
Robin Hood Association for providing the accessible vans
South Cooking Lake Greenhouse
Classic Landscaping (Greg Patterson)
REMAX

Shell Canada Ltd.

The Sherwood Park Radio Club for organizing all of the parking at the pancake breakfast and parade

Vertex – Calmar and Sherwood Park locations

Arctic Chiller for donating bottled water

Dairy Queen

Edmonton Radio Stations who attended

Sherwood Park News

Bouncin Around Inflatables

South Cooking Lake Seniors Association

Alberta Tourism, Parks and Recreation

Lou McDougall and Engraving Specialty Products

Cathy Paltzat for the beautiful work on the signs and the set up for the Country Market

Simone for the wonderful window art at the Firehall Diner

Diana Balbar and Friends of Bel-Bar Ranch for the pony rides and musical ride demonstrations.

Donna-Rae Coatta and volunteer team for putting together the Canine Caper dog agility demonstrations

The SCL United Church

Doug and Kari Seiwert with Ministik Church for the concession

Mayor Roxanne Carr for helping with the Trail Days advertising

Our local businesses and our community volunteers who organized activities at the Top of the Hill (Country Market)

The Show & Shine organizing team and Trevor McDonald for operating the beer gardens

Spirit Quest Liquor Store

Art Bailey and Barry Gillis for organizing the horseshoe tournament

Our Parade Marshalls Al and Vi Haase

All of our volunteers who helped with games, facepainting, serving food, helping at the beer garden, set up and clean up, answering questions, and lending a hand where ever help was needed.

And a very special thank you to Aila Beck-Merritt and the Trail Days Organizing Committee for their year-long planning and all of their hard work on the day – Sheila Mills, Shawna Kozak, Diana Balbar, Maureen Mudie, Cathy Paltzat, Al and Vi Haase, RoseAnn Gillis, Jan Metz, Lou McDougall, Jilles Zandbergen, Allan Henderson, Allan Oconnor, Betty Gabert, Doug Siewert and Bev Kruse.

It takes a lot of help to make an event of this size a success! Our sincere apologies if anyone was missed on this list.

President:	Terrell Fletcher	922-5522 or tfletcher270@gmail.com
Hall Rentals:	Cathy Hicks	922-3029 or chicks@telus.net
Newsletter:	Heather Cromb	cromb@mcsnet.ca

Thank you to these advertisers for helping to support this newsletter and activities in our community.



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Conveniently located just off highway 14. Drop off your pet on your way into work and pick up on your way home.

Firehall Diner

Wed to Sat 12-8 p.m.
 Sun 10 a.m. to 7 p.m.
 Sunday Breakfast Buffet
 10 a.m.-1 p.m.
 Note: The last day the diner will be open is September 27th



Convenience store items also available. Ph: 780-922-9290



Bonnie Riddell
 Councillor, Ward 7

2001 Sherwood Drive
 Sherwood Park, Alberta T8A 3W7


780-464-8003 F: 780-464-8114
 Bonnie.Riddell@strathcona.ca



www.strathcona.ca

At your service... in rural Strathcona County

South Contact Office	Rural Liaison Team
22142 South Cooking Lake Road (in Fire Station #2)	780-922-1318
Wednesday to Friday 1 p.m. to 4 p.m.	RuralContactOffices@strathcona.ca www.strathcona.ca/rural

Bouncin' Around


Terrell Fletcher & Corinne Fletcher

780-922-5522
 780-982-5524

www.bouncinaround.ca

Birthdays, Weddings,
 Corporate Events,
 Community Events,
 Church Functions

South Cooking Lake recycle events



Next date September 26 and 27

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.





A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
 Fire Station #2
 22142 South Cooking Lake Road

Questions?
 780-449-5514
www.strathcona.ca/utilities

Mark your calendar for
Saturday, December 5th!

Christmas in the Country

Community Craft Sales (including at our hall), and events at the Firehall/South Contact Office)

Want to promote your business or event and support your community at the same time?
 Advertise in the South Cooking Lake newsletter!

Only \$10 per month for business card size ad.
 Contact Heather at cromb@mcsnet.ca for more information.

South Cooking Lake & Area Events

September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 ParentLink playgroup 9 to noon at the Hall	4	5
6	7	8 Seniors Potluck at Noon then regular activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	9	10 ParentLink playgroup 9 to noon at the Hall Seniors Travelling Café from 1-3 p.m. Community League Meeting at Hall at 7 p.m.	11 Seniors Activities at 6 p.m.	12
13	14	15 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	16	17 ParentLink playgroup 9 to noon at the Hall	18 Seniors Activities at 6 p.m.	19 East Coast Ceilidh South Cooking Lake Hall. Doors open 7 p.m. Tickets at the door for \$10. Cash bar. Food included.
20	21	22 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	23	24 ParentLink playgroup 9 to noon at the Hall	25 Seniors Activities at 6 p.m.	26 Recycling bins at Firehall
27 Recycling bins at Firehall	28	29 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	30			

If you have an event or activity you would like to see included on our monthly calendar, please email Heather at cromb@mcsnet.ca.

Suggestions for Other Activities?

We're always looking for activities for both kids and adults. What interests do you and your family have? Contact Heather at cromb@mcsnet.ca with your ideas. We have a great Hall so let's use it to enjoy programs in our community!