

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



October 2016 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meeting on Thursday, October 13th and Thursday, November 10th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit www.strathcona.ca/parentlink.

Yoga Classes at the Hall

Yoga has started, now on a new night - Mondays from 8:30 to 9:30 p.m. Sign up for the 6-week session (Monday, Sept 19 to Monday, Oct 31). Class will be \$80 for 6-week session (\$75 for Community League members) and drop in for \$15. Contact **Jayleen** at jayleenrenneberg@gmail.com for more info or to register.

Zumba Classes at the Hall

Come out and see what all the fun is about with our Zumba classes at the Hall on Thursday nights from 7 to 8 p.m. October 6th to November 10th. \$75 for the session or \$20 drop in. Contact **Kerri** at **922-6821** or kerri.orthner@live.ca.

Art Classes for Kids, Teens and Adults

Starting Wednesday, October 19th at the Hall. 8-week session for \$100. All supplies included. Variety of mediums to try. Contact **Tianna** at Tianna.mapstone@gmail.com for more info or to register. Kids class first, followed by the teen and adult class.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, pool, shuffleboard and board games. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5 and \$1 drop in fee. Contact **Vi Haase** for more info at **922-2174**.

Community Craft Sale on Saturday, December 3rd

Our annual Christmas craft sale will be held at the Hall from 10 a.m. to 3 p.m. on Saturday, December 3rd as part of Strathcona County's Christmas in the Country festivities. More activities, including fireworks, will follow at the SCL Firehall/South Contact Office.

Fall and Winter Classes – Ideas Welcome!

Dance, yoga, meditation, Girl Guides, art, photography, taekwondo, drama, writing, Zumba and belly dancing classes have recently been offered at our Hall. What other classes would you like to see this Fall and Winter? We are also looking for ideas for daytime classes for little ones or homeschool families. Contact **Heather** at cromb@mcnet.ca with your ideas.

Sign up Today for your Community League Membership

Community League Membership is available and gives you discounts on community classes, parties and other activities. Contact **Jaime** at **780-975-6724** or jaimelynch83@hotmail.com if you would like to sign up.

Operation Christmas Child Community Event

Our community league will be hosting an Operation Christmas Child box-filling event at the Hall again this year, with the help of our Girl Guide group. If you would like to join us or if you have items to donate, please contact **Heather** at **cromb@mcsnet.ca**. The date for the box-filling will be confirmed soon. Look for more information on our Facebook page, including links to suggested items to include in the boxes. Thank you for your support! ☺

New Facebook Group Provides Updates on Classes and Events at the Hall

Would you like to stay up-to-date on the latest classes and events coming up at our Community Hall? Facebook is an excellent way to hear the latest news. There is a group called “South Cooking Lake Events and Classes at the Hall” that you can join and please “like” the South Cooking Lake Community League Facebook page as well.

New Facebook Group for Childcare in our Area

Are you looking for a babysitter or a dayhome for your child, or are you offering childcare services? A new Facebook group has been set up to help families in our community connect. You can find it under “South Cooking Lake Childcare and Babysitting Services.”

Looking for Instructors

We are looking for instructors for a variety of classes at our Hall. Would you or would someone you know be interested in teaching a class in our community? We would love to hear from you! Some suggestions for classes have been gymnastics for kids, digital scrapbooking, sewing, crocheting, Pilates, Irish and hip hop dance, art, etc. Other ideas for classes are always welcome. Thank you for your help! Please contact **Heather** at **cromb@mcsnet.ca** with your ideas.

Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact **Troy O'Connor** at **587-985-5462** or **tman2674@gmail.com**

Letter from Trail Days Chair

Hello everyone,

Trail Days was a huge success again this year, despite a few glitches. I would like to thank all of the volunteers who stepped up to make this happen. It takes 60 to 100 volunteers to have everything run smoothly on the day of the event. We have approximately 15 key people who attend meetings from February on. They help to organize everything from getting permits, financing, bookings, etc. to make Trail Days happen.

Sadly, some of these KEY people are very tired and will be retiring. If we cannot find replacements for these organizers, Trail Days as we know it will need to be revamped and possibly canceled – until more volunteers can be recruited.

As we all know, TRAIL DAYS is for the kids of our community. All of the other events are a by-product of this. One of the key areas we need help with is the Kid Zone. If the Kid Zone does not happen, then there will be no Trail Days. This is only one of the areas that need help – there are plenty more that could use assistance. If you or someone you know is interested in giving back to your community by volunteering for Trail Days, please contact us.

Regards,

Aila Beck-Merritt, Trail Days Chair
abeckmerritt@gmail.com

Stay Connected!

Don't forget to join the South Cooking Lake Community League Facebook page to receive updates about community news and events, and visit our website at **www.southcookinglake.com**. You can also receive this monthly newsletter by email. If you or someone you know would like to be added to our email subscriber list, please contact **Heather** at **cromb@mcsnet.ca**.

President:

Terrell Fletcher

922-5522 or tfletcher270@gmail.com

Hall Rentals:

Troy O'Connor

587-985-5462 or tman2674@gmail.com

Newsletter:

Heather Cromb

cromb@mcsnet.ca

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STRATHCONA COUNTY

Bonnie Riddell
Councillor, Ward 7

2001 Sherwood Drive
Sherwood Park, Alberta T8A 3W7

780-464-8003 F: 780-464-8114
Bonnie.Riddell@strathcona.ca



www.strathcona.ca

At your service...
in rural Strathcona County

South Contact Office 22142 South Cooking Lake Road (in Fire Station #2) Tuesday to Friday 1 p.m. to 4 p.m.	Rural Liaison Team 780-922-1318 RuralContactOffices@strathcona.ca www.strathcona.ca/rural
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Promote your business or event and support your community at the same time

Advertise in the South Cooking Lake newsletter!
Only \$10 for business card size ad.

Contact Heather at cromb@mcsnet.ca for more information.



Mark your calendar for


Strathcona County's Christmas in the Country events

Saturday, December 3rd

Includes craft sales and other Christmas community events at community halls and schools in Rural Strathcona County



South Cooking Lake
recycle events



Next date October 29 & 30

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.

A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
Fire Station #2
22142 South Cooking Lake Road

Questions?
780-449-5514
www.strathcona.ca/utilities

