

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



November 2016 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meeting on Thursday, November 10th and Thursday, December 8th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit www.strathcona.ca/parentlink.

Yoga Classes at the Hall

Yoga is offered on Mondays from 8:30 to 9:30 p.m. Sign up for the next 6-week session (Monday, November 7th to December 12th). Class will be \$80 for 6-week session (\$75 for Community League members) and drop in for \$15. Contact **Jayleen** at jayleenrenneberg@gmail.com for more info or to register. We are also looking into a daytime option. Please contact Jayleen for more details.

Zumba Classes at the Hall

Come out and see what all the fun is about with our Zumba classes at the Hall on Thursday nights from 7 to 8 p.m. November 10th to December 15th (no class on December 1st). \$20 drop in or bring a friend 2 for \$30. Contact **Kerri** at **922-6821** or kerri.orthner@live.ca.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, pool, shuffleboard and board games. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5 and \$1 drop in fee. Contact **Vi Haase** for more info at **922-2174**.

Operation Christmas Child Box-Filling Event at the Hall

Tuesday, November 15th from 6 to 8 p.m. See details below.

Community Craft Sale on Saturday, December 3rd

Our annual Christmas craft sale will be held at the Hall from 10 a.m. to 3 p.m. on Saturday, December 3rd as part of Strathcona County's Christmas in the Country festivities. More activities, including fireworks, will follow at the SCL Firehall/South Contact Office.

Kids Christmas Party at the Hall

Sunday, December 11th from 1 to 3:30 p.m.

Meditation Classes Starting in January

Introduction to Meditation Course at the Hall. January 4th, 11th and 18th from 6:30-8:30 p.m.

Sign up Today for your Community League Membership

Community League Membership is available and gives you discounts on community classes, parties and other activities. Contact **Jaime** at **780-975-6724** or sclmemberships@gmail.com if you would like to sign up.

Operation Christmas Child Community Event at the Hall

Our community league will be hosting an Operation Christmas Child box-filling event at the Hall again this year, with the help of our Girl Guide group. If you would like to join us or if you have items to donate, please contact **Heather at cromb@mcsnet.ca**. The date for the box-filling will be on Tuesday, November 15th from 6 to 8 p.m. at the Hall. Look for more information on our Facebook page, including links to suggested items to include in the boxes. Thank you for your support! ☺

More Christmas Activities!

Mark your calendar! Our Christmas in the Country Craft Sale will be held on Saturday, December 3rd from 10 a.m. to 3 p.m. at the South Cooking Lake Hall. We will have tons of handmade items to choose from, Christmas treats and much more. There will also be a kids' shopping area set up downstairs where kids can shop for their loved ones. We will have elves to help them with their shopping and wrapping. If you have new or gently-used items that would make nice gifts for parents, grandparents or siblings (e.g. ties, candles, Christmas ornaments, books, etc), we are very happy to accept donations. All money raised from the kids' shopping area will be donated to the Hope Mission.

There will also be a family Christmas event at the County office/SCL Firehall with treats, music and fireworks. It will run from 3 to 5 p.m.

Upcoming Water Well Workshop

A water well workshop will be held at Antler Lake Hall on November 8th from 5:30-9 pm. To register, call Heartland Hall at 780-400-2165. It is a free event. When registering, participants will have to provide – Legal land location, date of well completion and depth of well (or original owner name).

Facebook Group Provides Updates on Classes and Events at the Hall

Would you like to stay up-to-date on the latest classes and events coming up at our Community Hall? Facebook is an excellent way to hear the latest news. There is a group called “South Cooking Lake Events and Classes at the Hall” that you can join and please “like” the South Cooking Lake Community League Facebook page as well.

Facebook Group for Childcare in our Area

Are you looking for a babysitter or a dayhome for your child, or are you offering childcare services? A new Facebook group has been set up to help families in our community connect. You can find it under “South Cooking Lake Childcare and Babysitting Services.”

Fall and Winter Classes – Ideas Welcome!

Dance, yoga, meditation, Girl Guides, art, photography, taekwondo, drama, writing, Zumba and belly dancing classes have recently been offered at our Hall. What other classes would you like to see this Fall and Winter? We are also looking for ideas for daytime classes for little ones or homeschool families. Contact **Heather at cromb@mcsnet.ca** with your ideas.

Looking for Instructors

We are looking for instructors for a variety of classes at our Hall. Would you or would someone you know be interested in teaching a class in our community? We would love to hear from you! Some suggestions for classes have been gymnastics for kids, digital scrapbooking, sewing, crocheting, Pilates, Irish and hip hop dance, art, etc. Other ideas for classes are always welcome. Thank you for your help! Please contact **Heather at cromb@mcsnet.ca** with your ideas.

Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact **Troy O'Connor at 587-985-5462 or tman2674@gmail.com**

Stay Connected!

Don't forget to join the South Cooking Lake Community League Facebook page to receive updates about community news and events, and visit our website at **www.southcookinglake.com**.

You can also receive this monthly newsletter by email. If you or someone you know would like to be added to our email subscriber list, please contact **Heather at cromb@mcsnet.ca**.

President:	Terrell Fletcher	922-5522 or tfletcher270@gmail.com
Hall Rentals:	Troy O'Connor	587-985-5462 or tman2674@gmail.com
Newsletter:	Heather Cromb	cromb@mcsnet.ca

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www.strathcona.ca

Mark your calendar for
Strathcona County's Christmas in the Country


Saturday, December 3rd
Includes craft sales and other Christmas community events at community halls and schools in Rural Strathcona County

At your service...
in rural Strathcona County

South Contact Office 22142 South Cooking Lake Road (in Fire Station #2) Tuesday to Friday 1 p.m. to 4 p.m.	Rural Liaison Team 780-922-1318 RuralContactOffices@strathcona.ca www.strathcona.ca/rural
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South Cooking Lake
recycle events



Next date November 26 & 27

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.





A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
 Fire Station #2
 22142 South Cooking Lake Road

Questions?
 780-449-5514
 www.strathcona.ca/utilities

Promote your business or event and support your community at the same time

Advertise in the South Cooking Lake newsletter!
 Only \$10 for business card size ad.

Contact Heather at cromb@mcsnet.ca for more information.

