

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



November 2015 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meetings on Thursday, November 12th and Thursday, December 10th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit www.strathcona.ca/parentlink. There will also be a free Move and Groove class from October 8th to November 12th for ages for ages 1-3. Call to register.

Home Based Business Fair and Babysitter Meet and Greet

Hope to see you on Saturday, November 7th from 10 a.m. to 3 p.m. at the Hall for the Home Based Business Fair. Come out and see the items for sale and meet your neighbors. There will also be a Babysitter Meet and Greet downstairs from 1 to 3 p.m. If you are a babysitter or a family looking for a local babysitter, you won't want to miss this event. Contact Jaime at jaimelynch83@hotmail.com for more information or to sign up.

Operation Christmas Child Box-Filling Event

Join us on Tuesday, November 17th at 6:15 p.m. at the Hall to fill Christmas boxes to send to children in less fortunate countries. Below is a list of suggested items for donation and the times when you can drop things off at the Hall.

Christmas Craft Sale at the Hall (Part of Christmas in the Country activities)

Join us for community Craft Sales (at various rural community halls including ours), and events at the Firehall/South Contact Office on Saturday, December 5th. The South Cooking Lake Craft Sale runs from 10 a.m. to 3 p.m. at the Hall and there will be a kids shopping area downstairs. Fun for the whole family!

Yoga Classes at the Hall

Contact Jayleen at jayleenrenneberg@gmail.com or check our Facebook page (under South Cooking Lake Hall) for more information. Classes are Wednesdays from 7:30 to 8:30 p.m. at the Hall. Drop is \$15 if you did not register for the 6-week session.

Children and Youth Programs at SCL United Church

The Church is exploring new and interactive children and youth programs. All families are welcome on Sundays at 10:30 a.m. Contact Ooi Lin at **(780) 922-2483** for details.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. A Seniors Travelling Café put on by Family and Community Services will be offered on the second Thursday of each month from 1-3 p.m. No membership required for this. Contact Vi Haase for more info at **922-2174**.

Check out our new calendar feature on the back page. Keep it on your fridge as a reminder of what's happening in our community each month. ☺

New Girl Guide Unit at South Cooking Lake

A new Girl Guide Unit combining Sparks, Brownies and Guides is now up and running! Meetings will be at the SCL Hall on Tuesdays from 6:15 to 7:45 p.m. Contact Shari Laschuk at **922-6878** or slaschuk@telus.net for more information.

Home Business Fair and Babysitter Meet and Greet Event on Saturday, November 7th

Come out to the South Cooking Lake Hall on Saturday, November 7th from 10 a.m. to 3 p.m. to check out more than 15 local and area home-based businesses! There will also be a gift basket raffle for \$2/ticket. The Babysitter Meet & Greet will be held downstairs at the Hall from 1 to 3 p.m. If you are looking for a reliable babysitter or if you are a babysitter looking for local families to connect with, this is for you! Contact Jaime for more info at jaimelynch83@hotmail.com.

Halloween Party a Big Success!

Thank you to everyone who came out to our Family Halloween Party at the Hall last month! There were about 50 families, and lots of great costumes. Thank you to our volunteers who helped make the day possible. We could not have done it without you! And thank you to everyone who brought Halloween treats and decorations. The food table and decorations looked awesome! Thank you also to the Colchester Community League for providing volunteers, games and treats, to the Ardrossan Girl Guide group for helping with crafts, games and the haunted house, and to the Strathcona County South Contact Office and to Strathcona-Sherwood Park MLA Estafania Cortes-Vargas for donating prizes for the games.

Sign up Today for your Community League Membership

Community League Membership is available for \$15/year and gives you discounts on community classes, parties and other activities. Contact Heather at cromb@mcsnet.ca if you would like to sign up.

Donations Needed For Operation Christmas Child Boxes

We are accepting donations for our Operation Christmas Child box-filling event on November 17th at the Hall. Some suggestions for donations are pens, pencils, pencil crayons, note pads, picture books, facecloths, toothbrushes, combs, and soap. (Please place soap in a sealable bag), toys, stuffed animals, small musical instruments, hair clips, toy jewellery, t-shirts, socks, etc. Some restrictions include: decks of standard playing cards, food or candy, used items, toothpaste, liquids or items that could leak, melt, freeze or break (shampoo, creams, lip balm, bath gels, mirrors, glass) and items that can scare or harm a child such as war-related toys, knives and toy guns. Contact Heather at cromb@mcsnet.ca to arrange drop off at the Hall or come to fill the boxes on Tuesday, November 17th at 6:15 p.m. at the Hall. Everyone welcome!

ParentLink Groove and Move Program

Parent Link is offering a FREE Groove and Move program at our Hall on Thursdays from October 8th to November 12th from 9 to 10 a.m. Siblings welcome! Then stay for the regular Parent Link playgroup from 10 to noon.

Donations for Kids Shopping Area during the Christmas Craft Sale

We are looking for donations of gently-used or re-gifted items for our Kids Shopping Area downstairs at the Hall during the Christmas Craft Sale on Saturday, December 5th from 10 a.m. to 3 p.m. Most things will be \$1 or \$2 and volunteers will help the kids wrap their special gifts. If you have something to donate, please contact Heather at cromb@mcsnet.ca to arrange drop off at the Hall.

Girl Guide Cookies Available

Chocolate mint cookies are available for \$5 a box. Contact Heather at cromb@mcsnet.ca to arrange pick up at the Hall. Money raised goes to help fund activities for our new Sparks/Brownie/Girl Guide shared unit. ☺

Trail Days Coordinator Needed

Aila Beck-Merritt will be passing on the torch for being the Chair of the Trail Days Organizing Committee. She will work with this year's Chair to ease the transition. Please contact us if you are interested in this important and rewarding role!

The Travelling Hat

Are you going on a trip soon? Don't forget to take the Trail Days Hat with you and get a picture of yourself wearing it on your vacation. Photos are posted at the Hall to show all of the places our community members have travelled to. Latest adventures for our hat: Scotland ☺ Contact Aila at **922-1653** or abeckmerritt@gmail.com to pick up the hat.

Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact Cathy Hicks at **922-3029** or chicks@telus.net. Birthday party rental packages are also available.

Stay Connected!

Don't forget to join the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at www.southcookinglake.com for more information about events in our community. If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact Heather at cromb@mcsnet.ca.

President:	Terrell Fletcher	922-5522 or tfletcher270@gmail.com
Hall Rentals:	Cathy Hicks	922-3029 or chicks@telus.net
Newsletter:	Heather Cromb	cromb@mcsnet.ca

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STRATHCONA COUNTY

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 Bonnie.Riddell@strathcona.ca



www.strathcona.ca

At your service...
 in rural Strathcona County

South Contact Office	Rural Liaison Team
22142 South Cooking Lake Road (in Fire Station #2)	780-922-1318
Tuesday to Friday 1 p.m. to 4 p.m.	RuralContactOffices@strathcona.ca www.strathcona.ca/rural



Mark your calendar for Saturday, December 5th!



Christmas in the Country


Community Craft Sales (at various rural community halls including ours), and events at the Firehall/South Contact Office)

Free fun for the whole family!

Want to promote your business or event and support your community at the same time?
 Advertise in the South Cooking Lake newsletter!

Only \$10 per month for business card size ad.
 Contact Heather at cromb@mcsnet.ca for more information.

South Cooking Lake
recycle events



Next date November 28 and 29

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.





A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
 Fire Station #2
 22142 South Cooking Lake Road

Questions?
 780-449-5514
www.strathcona.ca/utilities

South Cooking Lake & Area Events

November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Kids Drama Class 6 p.m.-7:15 p.m. at the Hall	3 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.	4 Kids dance class 6-7:30 p.m. at the Hall Yoga 7:30 to 8:30 at the Hall	5 ParentLink playgroup 9 to noon at the Hall Groove and Move at 9a.m. Taekwondo 7-8 p.m.	6 Seniors Activities at 7 p.m.	7 Home Business Fair at Hall 10 a.m. to 3 p.m. at the Hall Babysitter Meet and Greet from 1 to 3 p.m. downstairs at Hall
8	9	10 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	11	12 ParentLink playgroup 9 to noon at the Hall. Groove and Move last day Seniors Travelling Café from 1-3 p.m. Community League Meeting at Hall at 7 p.m.	13 Seniors Activities at 7 p.m.	14
15	16 Kids Drama Class 6 p.m.-7:15 p.m. at the Hall	17 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Operation Christmas Child 6:15 at the Hall Girl Guides 6:15- 7:45 p.m.	18 Kids dance class 6-7:30 p.m. at the Hall Yoga 7:30 to 8:30 at the Hall	19 ParentLink playgroup 10 to noon at the Hall. Taekwondo 7- 8p.m.	20 Seniors Activities at 7 p.m.	21
22	23 Kids Drama Class 6 p.m.-7:15 p.m. at the Hall	24 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.	25 Kids dance class 6-7:30 p.m. at the Hall Yoga 7:30 to 8:30 at the Hall	26 ParentLink playgroup 10 to noon at the Hall. Taekwondo 7- 8p.m.	27 Seniors Activities at 7 p.m.	28 Recycling bins at Firehall (Saturday and Sunday)
29 Recycling bins at Firehall (Saturday and Sunday)	30 Kids Drama Class 6 p.m.-7:15 p.m. at the Hall	31 Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.				

Suggestions for Activities at the Hall

What kinds of activities would you like to see offered at our Hall? Contact Heather at cromb@mcsnet.ca with your ideas. So far there have been requests for dance classes, yoga, fitness, drama, indoor soccer for kids, and taekwondo classes which we now offer so let us know what else you would like to see and we will do our best to make it happen!