

South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



May 2015 Newsletter

Upcoming SCL & Area Community League Meetings

Join us for our next meetings on Thursday, May 14th and Thursday, June 11th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m. and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

Stay and Play with Parent Link – Free unregistered playgroup program

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit the website at www.strathcona.ca/parentlink.

SCL United Church's Annual Plant, Baking and Garage Sale Fundraiser

Saturday, May 23rd from 10 a.m. to 3 p.m. at the Church

St. Luke School's 4th Annual Bedding Plant and Compost Sale Fundraiser

Saturday, May 23rd from 9:30 to 3 p.m. in the school parking lot and inside in the lunchroom

Yoga and Fitness Classes at the Hall

There is a daytime fitness class on Mondays from 10-11 a.m. from May 4th- June 8th. Kids are welcome to come and play quietly. Wednesday night yoga runs from 7:30-8:30 p.m., Apr 29th- Jun 3rd. Class is open to participants 14+. There is also a 5-week Yoga Session on Fridays from 10 a.m.-11 a.m., May 8th- June 5th (kids welcome to play quietly.) The cost is \$75 for 6-week sessions and \$65 for the 5-week session on Fridays, \$15 for drop in. Prenatal participants welcome. Contact Jayleen Renneberg at jayleenrenneberg@gmail.com for more information.

Drop in Community Soccer at Ministik School on Wednesdays and Fridays

Ministik School will be offering drop in soccer starting Friday, May 8th from 4–5 p.m. Visit the Ministik Community Facebook page for more information.

Tuesday Night Jazz/Hip Hop Dance Classes at the Hall

Contact Leah at leahsarafinchan@hotmail.com for more info about upcoming classes.

Children and Youth Programs at SCL United Church

The Church is exploring new and interactive children and youth programs. All families are welcome on Sundays at 10:30 a.m. Contact Ooi Lin at (780) 922-2483 for details.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. Potluck at noon second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. Contact Vi Haase for more info at 922-2174.

SCL Summer Camps

We are waiting to hear if our Summer Program will go ahead this year. Please contact Nikole at nbordato@hotmail.com for more information about the camp or the jobs that will be available.

Want to play Community Slo-pitch?

Colchester Hall is running a Community Slo-Pitch League again this year. Games will be at 7 p.m. on Monday or Wednesday nights. You can enter as an individual or as a team. For more information, contact Darcy at dimagega@shaw.ca.

Ukulele Lessons at the Hall – Only \$10 per class

We're looking for a few more people who would like to learn to play the ukulele. We will start with 4 one-hour lessons which will include an introduction to the ukulele and the opportunity to learn a few songs. For Ages 7 and up. We are hoping to start the classes in mid-May, on Wednesday evenings from 6:15 to 7:15 p.m. for four weeks. Please note: A ukulele is needed for this class. Contact Heather at cromb@mcsnet.ca for more information.

Interested in a Performing Arts Class at the Hall?

If you would be interested in a class where your children could learn some introductory acting skills like voice projection, storytelling and movement, and play fun improv games, contact Heather at cromb@mcsnet.ca. We have a couple of drama students who may like to teach this fun class. 😊

Babysitter Meet and Greet

Are you looking for a reliable babysitter in our community or are you a babysitter who would like to meet families looking for local childcare? We are hoping to offer a Babysitter Meet and Greet at the SCL Hall soon. Look for more information on our Facebook page (find us under South Cooking Lake Hall), on our website (www.southcookinglake.com), or in the next issue of this newsletter. If you would like to attend as a babysitter or parent, contact Heather at cromb@mcsnet.ca.

Girl Guides Chapter in the South Cooking Lake Area

Would you like to see a Girl Guide unit run again in SCL? If you have questions, would like to attend an information night, or if you would like to be a leader, contact Shari Laschuk at **922-6878** or slaschuk@telus.net for more information.

Activities at the Hall

What kinds of classes you would like to see offered at our Hall? We're looking for activities for both kids and adults. How about art lessons? A sewing class? A digital scrapbooking workshop? Karate or self defence? What interests do you and your family have? Contact Heather at cromb@mcsnet.ca with your ideas. So far there have been requests for dance classes, yoga, and fitness classes which we now offer so let us know what else you would like to see and we will do our best to make it happen. We have a great Hall so let's use it to enjoy programs in our community! If you would like to help us research potential classes and teachers available, please let us know. The more of us looking for great learning opportunities for families in our community, the better opportunities we can offer. 😊

Share Your Talents with our Community

Do you or does someone you know have a skill you could teach people in our community? We're looking activities to offer at the Hall and we would love to find opportunities for people in our community to learn from each other. Share your talents, meet new people, and get some added income at the same time. This could be a workshop or a weekly class. Times are flexible. Contact **Heather** at cromb@mcsnet.ca with your ideas.

Birthday Party Rentals at the Hall

The SCL Community League has birthday party rental packages available at our community hall. Contact Cathy Hicks at **922-3029** or chicks@telus.net for more details.

The Travelling Hat

Are you going on a trip soon? Don't forget to take the Trail Days Hat with you and get a picture of yourself wearing it on your vacation. Photos are posted at the Hall to show all of the places our community members have travelled to. Next adventure for our hat: Newfoundland! Contact Aila at **922-1653** or abeckmerritt@gmail.com to pick up the hat.

Hall Rentals

Are you looking for a great space to rent for a special event? Please spread the word about our community hall. For more information about rentals, contact **Cathy Hicks** at **922-3029** or chicks@telus.net.

Stay Connected!

Don't forget to add your name to the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at www.southcookinglake.com for more information about events, classes and other news in our community.

If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact **Heather** at cromb@mcsnet.ca.

President:	Terrell Fletcher	922-5522 or tfletcher270@gmail.com
Hall Rentals:	Cathy Hicks	922-3029 or chicks@telus.net
Newsletter:	Heather Cromb	cromb@mcsnet.ca

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www.strathcona.ca

Want to promote your business or event and support your community at the same time?

Advertise in the South Cooking Lake newsletter.
 Only \$10 for business card size ad.

Contact Heather at cromb@mcsnet.ca for more information.

Firehall Diner



Restaurant hours:
 Wed to Sat 12-8 p.m.
 Sun 10 a.m. to 7 p.m.

Sunday Breakfast Buffet
10 a.m.-1 p.m. every Sunday


Convenience store items also available
 780-922-9290/780-974-2480

At your service...
 in rural Strathcona County

South Contact Office 22142 South Cooking Lake Road (in Fire Station #2) Wednesday to Friday 1 p.m. to 4 p.m.	Rural Liaison Team 780-922-1318 RuralContactOffices@strathcona.ca www.strathcona.ca/rural
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South Cooking Lake recycle events



Next date May 30 and 31

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.

A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

Location
 Fire Station #2
 22142 South Cooking Lake Road

Questions?
 780-449-5514
www.strathcona.ca/utilities

