



# South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road  
Sherwood Park, AB T8E 1J1  
[www.southcookinglake.com](http://www.southcookinglake.com)



## July 2016 Newsletter

### Upcoming SCL & Area Community League Meetings

Join us for our next meeting on Thursday, September 8<sup>th</sup> at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

### Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

### Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall/Playground on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, [Parentlink@strathcona.ca](mailto:Parentlink@strathcona.ca), or visit [www.strathcona.ca/parentlink](http://www.strathcona.ca/parentlink).

### Summer Program Now Running

Free, drop in activities with Shelbea on Tuesday to Saturdays from 10 a.m. to 6 p.m. at the SCL playground. Come by and say hi!

### Summer Zumba Classes at the Hall

Come out and see what all the fun is about with our Zumba classes at the Hall on Tuesday nights from 7:45 to 8:45 p.m. Kids welcome to attend with parents. Runs July 5 to August 30. Drop in available. Contact Korinna at [korinnalevangie@gmail.com](mailto:korinnalevangie@gmail.com) for more information.

### South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. Contact **Vi Haase** for more info at **922-2174**.

### Trail Days – Free Family Fun

Mark your calendar for Saturday, August 20<sup>th</sup> from 8 to 4 p.m. You won't want to miss all of the free family fun, including a pancake breakfast, parade, car show, pony rides, horse show, kids' games and races, bouncy houses and waterslide, facepainting, hot air balloon rides (weather permitting), bubble soccer, spray tent, beer garden, horseshoe tournament, live music, Country Market and much more. Everyone is welcome!

Check out our calendar feature on the back page. Keep it on your fridge as a reminder of what's happening in our community each month. ☺

### Sign up Today for your Community League Membership

Community League Membership is available for \$15/year per family and gives you discounts on community classes, parties and other activities. Contact **Jaime** at **780-975-6724** or [jaimelynch83@hotmail.com](mailto:jaimelynch83@hotmail.com) if you would like to sign up.

### Summer Program

Shelbea is our new recreation leader at the park this summer who will organize daily activities for kids. The program is free and drop in, and runs Tuesdays to Saturdays from 10 a.m. to 6 p.m. Younger children must have a parent with them for supervision. Please spread the word to anyone you think might be interested!

## Community Soccer

Thank you to all of the families who signed up for soccer in our community in May and June for ages 5 -12. We had almost 80 kids playing this soccer season and it was a great time. Special thanks to the **Walker** and **Statt families** for all of their help coaching and organizing the family bbqs, and to **Nikole Bordato** for taking the soccer photos. ☺

## Summer and Fall Classes – Ideas Welcome!

Dance, yoga, meditation, Girl Guides, art, Happy Feet indoor soccer, photography, taekwondo, drama, writing, Zumba and belly dancing classes have recently been offered at our Hall. What other classes would you like to see this Summer and Fall? Contact **Heather** at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) with your ideas.

## Taekwondo Planned for the Fall

Are you interested in taekwondo classes? Classes will be available for ages 8 and up, and the Little Warriors class for ages 5-7. Please contact **Heather** at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) for more information. We are looking at offering classes on Monday and Thursday nights.

## Volunteers Needed for Trail Days on Saturday, August 20th!

Contact Aila at **922-1653** or [abeckmerritt@gmail.com](mailto:abeckmerritt@gmail.com) if you have questions or would like to lend a hand. Volunteers greatly needed and appreciated!

## Volunteer Needed to Coordinate Trail Days Activities for Kids Under 10

We are looking for someone to take over the planning for the Kids Zone during Trail Days. Our previous organizers will now be organizing activities for tweens and teens because their kids are now that age. Most of the activities have already been booked such as the waterslide, petting zoo, etc. We just need someone to continue the planning, coordinate volunteers, and bring in some new ideas too. Please contact **Aila** at **922-1653** or [abeckmerritt@gmail.com](mailto:abeckmerritt@gmail.com) if you are able to help out.



## Proposed AltaLink Powerlines Along Highway 14 Near our Community

There is a group of families who have registered their concerns about the proposed powerlines with a lawyer who is representing residents. Some of the concerns include potential negative impacts on health, safety, the environment (including birds), property values, tourism, visual appearance, livestock, crops and aircraft travel near the Cooking Lake Airport. To register your concerns, contact **Richard C. Secord** at **780-412-2717** or [rsecord@ackroydlaw.com](mailto:rsecord@ackroydlaw.com).

## Hall Rentals

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact **Troy O'Connor** at **587-985-5462** or [tman2674@gmail.com](mailto:tman2674@gmail.com)

## Stay Connected!

Don't forget to join the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at [www.southcookinglake.com](http://www.southcookinglake.com) for more information about events in our community. If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact **Heather** at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca).

**President:**  
**Hall Rentals:**  
**Newsletter:**

**Terrell Fletcher**  
**Troy O'Connor**  
**Heather Cromb**

**922-5522 or [tfletcher270@gmail.com](mailto:tfletcher270@gmail.com)**  
**587-985-5462 or [tman2674@gmail.com](mailto:tman2674@gmail.com)**  
**[cromb@mcsnet.ca](mailto:cromb@mcsnet.ca)**

Thank you to these advertisers for helping to support this newsletter and activities in our community.



We are now pleased to offer  
**FULL SERVICE COMPANION ANIMAL CARE.**  
We look forward to meeting you and your pets; fulfilling  
your family's veterinary needs





**West Wind**  
veterinary hospital  
51136 Range Road 212 – Only 20 minutes from Sherwood Park or Tofield

Offering high quality and compassionate  
veterinary care for your pets Monday to  
Saturday, in addition to our state of the art  
equine veterinary care available 24/7.



Conveniently located just  
off highway 14. Drop off  
your pet on your way  
into work and pick up on  
your way home.



**ORION**  
Event Services

**Terrell Fletcher**  
**780-982-5524**

- ★ Event Rentals
- ★ Outdoor Movies
- ★ Inflatable Castles



**Bonnie Riddell**  
Councillor, Ward 7

2001 Sherwood Drive  
Sherwood Park, Alberta T8A 3W7

780-464-8003 F: 780-464-8114  
Bonnie.Riddell@strathcona.ca



## *At your service...* *in rural Strathcona County*

### **South Contact Office**

22142 South Cooking Lake Road  
(in Fire Station #2)

**Tuesday to Friday**

1 p.m. to 4 p.m.

### **Rural Liaison Team**

780-922-1318

RuralContactOffices@strathcona.ca

www.strathcona.ca/rural



### **TD Canada Trust**

## **Mortgage advice**

**Wherever, whenever**

**Kristy Chamulke**  
Mobile Mortgage  
Specialist

T (780) 232-4349

F (780) 669-5616



## **South Cooking Lake Trail Days**

**Saturday, August 20<sup>th</sup>**  
**8 – 4 p.m.**

Tons of family fun! Mark your calendar  
because you won't want to miss it!

## **Have any of these items hanging around?**



Bring them to a rural Enviroservice event!  
Drop off your paint, old electronics, motor  
oil, batteries, aerosols, pesticide or other  
household hazardous waste.

### **2016 rural Enviroservice event dates**

- August 6, 9 a.m. to 12 noon
- September 1, 4 p.m. to 7 p.m.

### **Location**

Ardrossan Recycle Station  
80 - 3 Avenue, Ardrossan

### **Questions?**

780-449-5514 [www.strathcona.ca/ruralenviro](http://www.strathcona.ca/ruralenviro)



### **South Cooking Lake**

## **recycle events**



**Next date July 30 & 31**

Drop your recycling off in the bins set up at the Fire  
Station #2 on the last weekend of every month.

A bin will be set up, one side accepting paper  
products and the other accepting containers.

Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful  
and continue, please put items into their correct bins  
and only drop off accepted items.

### **Location**

Fire Station #2  
22142 South Cooking Lake Road

### **Questions?**

780-449-5514

[www.strathcona.ca/utilities](http://www.strathcona.ca/utilities)



# South Cooking Lake & Area Events

## July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Seniors Activities at 7 p.m. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>2</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.
<b>3</b>	<b>4</b>	<b>5</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m. Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Zumba Classes 7:45 to 8:45 p.m.	<b>6</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>7</b> ParentLink playgroup 10 to noon at the Hall. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>8</b> Seniors Activities at 7 p.m. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>9</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.
<b>10</b>	<b>11</b>	<b>12</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m. Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Zumba Classes 7:45 to 8:45 p.m.	<b>13</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>14</b> ParentLink playgroup 10 to noon at the Hall. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>15</b> Seniors Activities at 7 p.m. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>16</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.
<b>17</b>	<b>18</b>	<b>19</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m. Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Zumba Classes 7:45 to 8:45 p.m.	<b>20</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>21</b> ParentLink playgroup 10 to noon at the Hall. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>22</b> Seniors Activities at 7 p.m. Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>23</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.
<b>24</b>	<b>25</b>	<b>26</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m. Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Zumba Classes 7:45 to 8:45 p.m.	<b>27</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>28</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>29</b> Free drop in Summer program at the playground from 10 a.m. to 6 p.m.	<b>30</b> Recycling bins at Firehall Free drop in Summer program at the playground from 10 a.m. to 6 p.m.
<b>31</b> Recycling bins at Firehall						