



South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road
Sherwood Park, AB T8E 1J1
www.southcookinglake.com



January 2015 Newsletter

Happy New Year from the South Cooking Lake Community League!

Upcoming SCL & Area Community League Meetings

Join us for our next meetings on Thursday, February 12th and Thursday, March 12th at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings. **Special Notice: There will be a Hall renovation strategic planning meeting on Thursday, February 12th at 7:30 p.m. at the Hall following the regular meeting.**

Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School from 2:30 to 3:30 p.m. and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m. on Tuesdays.

Stay and Play with Parent Link – Free unregistered playgroup program

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon. to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, Parentlink@strathcona.ca, or visit the website at www.strathcona.ca/parentlink.

Yoga and Fitness Classes at the Hall

There is a daytime fitness class on Mondays from 10-11 a.m. Kids are welcome to come and play quietly. Wednesday night yoga runs from 7:30-8:30 p.m. This is a vinyasa-style class (aka flow class). Class is open to participants 14+, however, everyone must respect the quiet nature of yoga. Classes resume the week of January 5th. Drop ins are \$15. The cost for 6-week session is \$75. Contact Jayleen Renneberg at jayleenrenneberg@gmail.com for more information.

Tuesday Night Jazz/Hip Hop Dance Classes at the Hall

January 20-March 17th, with no classes on Tuesday, February 24th. Contact Leah at leahsarafinchan@hotmail.com for more info. Early registration night is Tuesday, January 13th from 5 to 7 p.m. Save \$5 on classes by registering early.

Children and Youth Programs at SCL United Church

The Church is exploring new and interactive children and youth programs. All families are welcome on Sundays at 10:30 a.m. Please call Ooi Lin at **(780) 922-2483** for details.

South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. Potluck at noon second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. Contact **Vi Haase** for more info at **922-2174**.

Community Members Bring in the New Year Down by the Lake

Thank you to everyone who came out to enjoy the second annual New Year's Eve Celebration at the South Cooking Lake Cook Shack. Sean did a great job of enclosing the cook shack and getting the fire started in the stove, and Jeff looked after the bonfire. Thank you to Allan and Aila for providing the wood for the bonfire and to Pat for setting off the entertainment.

Your Input is Needed on the Future of our Community Hall – Important Meeting Coming Up Soon

There will be a special meeting on Thursday, February 12th at 7:30 p.m. at the Hall to discuss plans for renovations at our Hall. Come out and share your ideas for improvements you would like to see. The meeting will take place following the regular community league meeting on Thursday, February 12th.

Tuesday Night Jazz/Hop Hop Dance Classes Continue

Contact Leah at leahsarafinchan@hotmail.com for the registration form or if you have questions about the classes. You can fill out the form and bring it to the registration night on Tuesday, January 13th from 5 to 7 p.m. for a \$5 discount. The classes will run for 8 weeks from Tuesday, January 20-March 17th, with no classes on Tuesday, February 24th. The fee is \$75 per child for the 1-hour class and \$65 per child for the 45-minute class.

Activities at the Hall

It's a new year and we are wondering what kinds of classes you would like to see offered at our Hall in 2015. We are looking for activities for both kids and adults. How about art lessons? A sewing class? A digital scrapbooking workshop? What interests do you and your family have? Please contact Heather at cromb@mcsnet.ca with your ideas. So far there have been requests for dance classes, yoga, and fitness classes which we now offer so let us know what else you would like to see and we will do our best to make it happen. We have a great community hall so let's use it to enjoy programs in our community. If you would like to help us research potential classes and teachers available, please let us know. The more of us looking for great learning opportunities for families in our community, the better opportunities we can offer. ☺

Share Your Talents with our Community

Do you or does someone you know have a skill you could teach people in our community? We're looking activities to offer at the Hall and we would love to find opportunities for people in our community to learn from each other. Share your talents, meet new people and get some added income at the same time. This could be a workshop or a weekly class. Times are flexible. Contact **Heather** at cromb@mcsnet.ca with your ideas.

Babysitter Meet and Greet

Are you looking for a reliable babysitter in our community or are you a babysitter who would like to meet families looking for local childcare? Plans are in the works to offer a Babysitter Meet and Greet at the SCL Hall this Spring. Look for more information on our Facebook page (find us under South Cooking Lake Hall), on our website (www.southcookinglake.com), or in the next issue of this newsletter.

Birthday Party Rentals at the Hall

We are now offering birthday party rental packages at our community hall. Contact Cathy Hicks at **922-3029** or chicks@telus.net for more details.

The Travelling Hat

Are you going on a trip soon? Don't forget to take the Trail Days Hat with you and get a picture of yourself wearing it on your vacation. Photos are posted at the Hall to show all of the places our community members have travelled to. Latest adventure for our hat: Las Vegas ☺ Contact Aila at **922-1653** or abeckmerritt@gmail.com to pick up the hat.

Event Pictures

Do you have pictures from a community event you would like to share? Please bring pictures on disk or memory stick to Maureen at the Firehall Diner and she will add them to her library of pictures that she plays on the TV at the diner. Feedback to the pictures has been very positive so please keep adding to Maureen's collection!

Community League Website

Visit www.southcookinglake.com for information about events, classes and other news in our community.

Hall Rentals

Are you looking for a great space to rent for a special event? Please spread the word about our community hall. For more information about rentals, contact **Cathy Hicks** at **922-3029** or chicks@telus.net.

Stay Connected!

Don't forget to add your name to the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at www.southcookinglake.com for more information. If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact **Heather** at cromb@mcsnet.ca.

President:

Terrell Fletcher

922-5522 or tfletcher270@gmail.com

Hall Rentals:

Cathy Hicks

922-3029 or chicks@telus.net

Newsletter:

Heather Cromb

cromb@mcsnet.ca

Thank you to these advertisers for helping to support this newsletter and activities in our community.



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Firehall Diner

Restaurant hours:
12-8 p.m. Wed to Sat
Sun 10 a.m. to 7 p.m.

Convenience store items also available
780-922-9290




DAVE QUEST, MLA
STRATHCONA-SHERWOOD PARK

CONSTITUENCY OFFICE:
19 - 99 WYE ROAD
SHERWOOD PARK, ALBERTA T8B 1M1
TEL: (780) 416-2492 | FAX: (780) 416-7093
STRATHCONA.SHERWOODPARK@ASSEMBLY.AB.CA

At your service... in rural Strathcona County

South Contact Office 22142 South Cooking Lake Road (in Fire Station #2) Wednesday to Friday 1 p.m. to 4 p.m.	Rural Liaison Team Dinah Canart, B.A., Coordinator 780-893-1177 Carolyn Brandon 780-922-1318
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Bonnie Riddell
Councillor, Ward 7

780-464-8003
Bonnie.Riddell@strathcona.ca



www.strathcona.ca

South Cooking Lake 22142 South Cooking Lake Road

recycle event



Drop off your recycling at Fire Station #2 on Saturday, January 31, and Sunday, February 1.

Two bins will be set up, one accepting paper products and the other accepting containers. Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food and beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, computer paper, etc.)
- newspaper
- plastic containers

In an effort to ensure these events are successful and continue, please put items in the correct bins and only drop off accepted items.

These recycling events will be held on the last weekend of every month.

Questions?
780-449-5514
www.strathcona.ca/utilities
greenroutine@strathcona.ca



Want to promote your business or event and support your community at the same time?

Advertise in the South Cooking Lake newsletter!
Only \$10 for business card size ad.

Contact Heather at cromb@mcsnet.ca for more information.