

# South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road  
Sherwood Park, AB T8E 1J1  
[www.southcookinglake.com](http://www.southcookinglake.com)



## April 2016 Newsletter

### Upcoming SCL & Area Community League Meetings

Join us for our next meetings on Thursday, April 14<sup>th</sup> and Thursday, May 12<sup>th</sup> at 7 p.m. at the Hall. Everyone welcome! Meetings are held the second Thursday of each month, except July and August when there are no meetings.

### Strathcona County Library Bookmobile

Tuesday nights outside of the SCL Hall from 5:30 – 7 p.m. The Bookmobile also visits Ministik School on Tuesdays from 2:30 to 3:30 p.m., Hastings Lake Community Hall from 4-5 p.m., and the Strathcona Olympiette Centre/Fultonvale School parking lot from 7:30 to 8:30 p.m.

### Stay and Play with Parent Link – Free unregistered playgroup program for ages 6 and under

Drop by the SCL Hall on Thursday mornings from 10 a.m. to noon to meet other families in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, [Parentlink@strathcona.ca](mailto:Parentlink@strathcona.ca), or visit [www.strathcona.ca/parentlink](http://www.strathcona.ca/parentlink).

### Yoga Classes at the Hall

Contact Jayleen at [jayleenrenneberg@gmail.com](mailto:jayleenrenneberg@gmail.com) to register. Classes run on Thursdays from March 10<sup>th</sup> to April 14<sup>th</sup> from 7:30 to 8:30 p.m. \$15 drop in fee. There may be a session following this one as well.

### Adult and Teen Drawing Class – April 7th to May 12th

Thursdays from 6:30 to 8 p.m. at the hall (downstairs). The cost is \$60 for community league members and \$65 for non-members. All supplies included. Contact Tianna at 780-940-1648 or [Tianna.mapstone@gmail.com](mailto:Tianna.mapstone@gmail.com) to register.

### Food Safety Course

There will be a Food Safety Course on Saturday, April 9<sup>th</sup> from 8:15 a.m. to 5:30 p.m. at the Hall. Please contact **Terrell** at [tfletcher270@gmail.com](mailto:tfletcher270@gmail.com) or **922-5522** if you have questions or would like to sign up. The cost is \$100 for Community League Members (please ask about becoming a member when registering if you're not a member already) and \$110 for Non Members.

### Happy Feet Indoor Soccer Class for Preschoolers Running March 7<sup>th</sup> to April 25<sup>th</sup>

Information for parents to sign their child up is available at [www.happyfeetAlberta.ca](http://www.happyfeetAlberta.ca) under "South Cooking Lake" class. Class times are Mondays from 9 to 9:30 a.m. for ages 2-4.

### Intro to Photography Class

Sunday, April 17<sup>th</sup> from 10 a.m. to 3 p.m. at the Hall. The cost is \$70 for community league members and \$75 for non-members. Contact Chelsea at [chelsea@chelseadawnphotography.ca](mailto:chelsea@chelseadawnphotography.ca) to register.

### Children and Youth Programs at SCL United Church

The Church is exploring new and interactive children and youth programs. All families are welcome on Sundays at 10:30 a.m. Contact Ooi Lin at **(780) 922-2483** for details.

### South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. There is a potluck at noon on the second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. A Seniors Travelling Café put on by Family and Community Services will be offered on the second Thursday of each month from 1-3 p.m. No membership required for this. Contact Vi Haase for more info at **922-2174**.

### Trail Days

Mark your calendar for Saturday, August 20<sup>th</sup>!

### Trail Days Planning Meeting

Monday, April 25<sup>th</sup> at 7 p.m. at the Firehall Diner

Check out our new calendar feature on the back page. Keep it on your fridge as a reminder of what's happening in our community each month. ☺

### **Sign up Today for your Community League Membership**

Community League Membership is available for \$15/year per family and gives you discounts on community classes, parties and other activities. Contact **Jaime** at **780-975-6724** or **jaimelynch83@hotmail.com** if you would like to sign up.

### **Roadside Cleanup Fundraiser – Volunteers Needed! ☺**

Our Community League was selected for Strathcona County's Spring Roadside Cleanup Fundraiser! We are looking for some volunteers willing to help us clean up along the highway around South Cooking Lake. The date we are hoping to do this is Saturday, May 7th. Is anyone willing to help raise some money for our community? For ages 9 and up. The more help, the lighter the work - and the more money we can raise! Please contact **Heather** at **cromb@mcsnet.ca** if you are able to help out.

### **Community Soccer for Kids Starting Soon!**

We will be offering soccer in our community in May and June for ages 5 -12. Groups are filling up fast so please let us know soon if you would like to sign your kids up. Ages 5-7 will play on Monday nights and ages 8-12 will play on Thursday nights. The cost is \$30 per child. Contact **Heather** at **cromb@mcsnet.ca** for more information.

### **Spring Craft Sale a Big Hit**

Thank you to everyone who came out to our Spring Craft Sale and Free Clothing Exchange on April 2 at the Hall. Beautiful Weather + Beautiful People = A Great Day. Special thank you to **Jaime Lynch** for organizing such a great event, to all of the crafters for participating and donating prizes for the raffle basket, to our fantastic volunteers who we can always count on to help, and to the Ladies Friendship Group for hosting the concession lunch.

### **Paint In Night at the Hall**

Join artist Carolyn Feir on Friday, April 29<sup>th</sup> from 7 to 9 p.m. for a Paint In Night. The cost is \$35 per person and all materials are included. To register, text **Carolyn** at **780-667-8525** or email **feir1@telus.net**.



### **Easter Party a Sweet Success ☺**

Thank you to everyone who came out to our Bunny Hop Family Easter Party on March 20<sup>th</sup>! We had more than 50 families attend! And a big thank you to **Amanda Meyer** and all of our volunteers for helping to make the day a success!

### **Any Interest in Starting a Cub/Beaver Scout Group in our Area?**

We're happy to see so many girls in our local Sparks/Brownie/Girl Guides shared unit and we're wondering if there is interest in starting a Cub/Beaver Scouts unit for the South Cooking Lake area. Please contact **Betty** at **922-0094** or **bettygabert@gmail.com** if you're interested and share this with any other families that you think might be. For more information about Scouts, visit **www.scouts.ca**.

### **Looking for Instructors**

We are looking for instructors for a variety of classes at our Hall. Would you or would someone you know be interested in teaching a class in our community? We would love to hear from you! Some suggestions for classes have been gymnastics for kids, digital scrapbooking, sewing, self defense, crocheting, Pilates, Irish and hip hop dance, art, etc. Other ideas for classes are always welcome. Thank you for your help! Please contact **Heather** at **cromb@mcsnet.ca** with your ideas.

### **Spring Classes – Ideas Welcome!**

Dance, yoga, meditation, Girl Guides, art, Happy Feet indoor soccer, photography, taekwondo, drama and belly dancing classes have recently been offered at our Hall. What other classes would you like to see this Spring and Summer? Contact **Heather** at **cromb@mcsnet.ca** with your ideas.

### **Local Researcher Looking for Help**

A researcher in our community is looking into the history of the Lakeview Pavilion that operated between 1930 and 1976 and was demolished in 1987. He is looking for photographs and stories related to the Lakeview Dance Hall. If you can help, please contact **Mike** at **780-467-4216** or **xrecon@telus.net**.

### **Recycle Your Kids Toys**

We are looking for donations of ride on toys, play tents and tunnels, a bouncy house or other things for kids 6 and under that we can use at parties or on a playgroup morning at the Hall. If you have something your kids have outgrown and you're looking to pass it on, we would appreciate it very much. Contact **Jaime** at **jaimelynch83@hotmail.com** or **780-975-6724**.

### **Spring/Summer/Fall Market at the Hall**

We mentioned the possibility of a weekly or monthly Market on our Facebook page recently and there was a lot of interest. Vendors could offer fresh fruit, vegetables and other food, handmade items and crafts, and people with home businesses would be welcome to sell their items. Please let us know if this is something you would like to see and if you are able to help out. It would be great to have a vendor help with coordinating the event since they will be there each week. Contact **Heather** at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) if you would like to find out more.

### **Trail Days Set for Saturday, August 20th!**

Be sure to mark your calendar for South Cooking Lake's biggest event of the year – TRAIL DAYS - on Saturday, August 20th! You won't want to miss all of the free family fun, including a pancake breakfast, parade, car show, pony rides, horse show, kids' games and races, bouncy houses and waterslide, facepainting, spray tent, beer garden, horseshoe tournament, live music, Country Market and much more. Everyone is welcome! Floats for the parade needed. Contact us if you have questions or would like to lend a hand. Volunteers greatly needed and appreciated!

### **Trail Days Coordinator Still Needed**

Would you like to help organize Trail Days? As chair of the committee, you will work with a team of volunteers who coordinate activities in each area (e.g. Kids Zone, Show and Shine Car Show, pancake breakfast, Country Market, parade, etc). If you are interested or if you know someone who might be, please contact **Aila** at **922-1653** or [abeckmerritt@gmail.com](mailto:abeckmerritt@gmail.com).

### **Volunteer Needed to Coordinate Trail Days Activities for Kids Under 10**

We are looking for someone to take over the planning for the Kids Zone during Trail Days. Our current organizers will now be organizing activities for tweens and teens because their kids are now that age. Most of the activities have already been booked such as the waterslide, petting zoo, etc. We just need someone to continue the planning, coordinate volunteers, and bring in some new ideas too. Please contact **Aila** at **922-1653** or [abeckmerritt@gmail.com](mailto:abeckmerritt@gmail.com) if you are able to help out.

### **Proposed AltaLink Powerlines Along Highway 14 Near our Community**

There is a group of families who have registered their concerns about the proposed powerlines with a lawyer who is representing residents. Some of the concerns include potential negative impacts on health, safety, the environment (including birds), property values, tourism, visual appearance, livestock, crops and aircraft travel near the Cooking Lake Airport. To register your concerns, contact **Richard C. Secord** at **780-412-2717** or [rsecord@ackroydlaw.com](mailto:rsecord@ackroydlaw.com).

### **Summer Program**

What kind of activities would your family like to see this summer for kids in our community? Last year we had a recreation leader at the park who organized daily activities. It's time to apply for grants needed if we would like to see this, or other activities, continue. Please contact **Nikole** at [nbordato@hotmail.com](mailto:nbordato@hotmail.com) with your ideas. We are also looking for a volunteer to help coordinate the summer activities.

### **Girl Guide Cookies Available**

If you would like to buy some Girl Guide cookies, you are welcome to pop into the Hall on Thursdays from 6:15 to 7:45 p.m. when the Girl Guide meetings are on. The girls would be happy to sell you some! Cookies are \$5/box. ☺

### **Rural Internet Access Program**

Strathcona County is hoping to improve Internet access in hard-to-reach areas by adding local Internet towers to boost signal reach. For more information about the program, contact **Kathi Day** at **780-464-8024** or [ruralinternet@strathcona.ca](mailto:ruralinternet@strathcona.ca).

### **Hall Rentals**

Are you looking for a great space to rent for a special event? For more information about renting our Hall, contact **Cathy** at **922-3029** or [chicks@telus.net](mailto:chicks@telus.net). Birthday party rentals are also available.

### **Stay Connected!**

Don't forget to join the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at [www.southcookinglake.com](http://www.southcookinglake.com) for more information about events in our community. If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact **Heather** at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca).

<b>President:</b>	<b>Terrell Fletcher</b>	<b>922-5522 or <a href="mailto:tfletcher270@gmail.com">tfletcher270@gmail.com</a></b>
<b>Hall Rentals:</b>	<b>Cathy Hicks</b>	<b>922-3029 or <a href="mailto:chicks@telus.net">chicks@telus.net</a></b>
<b>Newsletter:</b>	<b>Heather Cromb</b>	<b><a href="mailto:cromb@mcsnet.ca">cromb@mcsnet.ca</a></b>

Thank you to these advertisers for helping to support this newsletter and activities in our community.



**West Wind**  
veterinary hospital  
780-662-0112

Come visit our booth at  
**The Mane Event**  
April 21-24 2016  
Red Deer, AB



**THE MANE EVENT**  
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**NEW VETERINARIAN IN TOWN!**



We are excited to introduce Dr Devan Boss, a mixed animal veterinarian at West Wind Veterinary Hospital. Devan attended the Ontario Veterinary College in Guelph, Ontario and recently became part of the South Cooking Lake community.

Devan is interested in all aspects of small and large animal medicine, with an emphasis on Equine Sports Medicine and Lameness.

In her spare time she enjoys riding, travelling and spending time with her husband Brent, dog Maggy, and cat Taylor.

*orionevents.ca*



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**STRATHCONA COUNTY**

**Bonnie Riddell**  
Councillor, Ward 7

2001 Sherwood Drive  
Sherwood Park, Alberta T8A 3W7

780-464-8003 F: 780-464-8114  
Bonnie.Riddell@strathcona.ca



[www.strathcona.ca](http://www.strathcona.ca)

*At your service...*  
in rural Strathcona County

**South Contact Office**  
22142 South Cooking Lake Road  
(in Fire Station #2)  
Tuesday to Friday  
1 p.m. to 4 p.m.

**Rural Liaison Team**  
780-922-1318  
RuralContactOffices@strathcona.ca  
[www.strathcona.ca/rural](http://www.strathcona.ca/rural)



**STRATHCONA COUNTY**

**TD Canada Trust**

**Mortgage advice**


**Wherever, whenever**

**Kristy Chamulke**  
Mobile Mortgage Specialist  
T (780) 232-4349  
F (780) 669-5616



South Cooking Lake

**recycle events**



**Next date April 30 and May 1**

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.




A bin will be set up, one side accepting paper products and the other accepting containers. Acceptable items include:


- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

**Location**  
Fire Station #2  
22142 South Cooking Lake Road

**Questions?**  
780-449-5514  
[www.strathcona.ca/utilities](http://www.strathcona.ca/utilities)



**STRATHCONA COUNTY**

**South Cooking Lake Trail Days**

Saturday, August 20<sup>th</sup>  
9 – 4 p.m.

Tons of family fun! Mark your calendar because you won't want to miss it!

Want to promote your business or event and support your community at the same time?  
Advertise in the South Cooking Lake newsletter!

Only \$10 per month for business card size ad.  
Contact Heather at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) for more information.

# South Cooking Lake & Area Events

## April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Seniors Activities at 7 p.m.	<b>2</b>
<b>3</b>	<b>4</b> Happy Feet Indoor Soccer for Pre-schoolers 9-9:30 a.m. Kids dance class 6-7 p.m. at the Hall	<b>5</b> Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.	<b>6</b>	<b>7</b> ParentLink playgroup 10 to noon at the Hall. Adult Art Class 6:30 to 8 (downstairs)	<b>8</b> Seniors Activities at 7 p.m.	<b>9</b> Food Safety Course
<b>10</b>	<b>11</b> Happy Feet Indoor Soccer for Pre-schoolers 9-9:30 a.m. Kids dance class 6-7 p.m. at the Hall	<b>12</b> Seniors Potluck at noon Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.	<b>13</b>	<b>14</b> ParentLink playgroup 10 to noon at the Hall. Yoga 7:30-8:30 p.m. (upstairs)	<b>15</b> Seniors Activities at 7 p.m.	<b>16</b>
<b>17</b> Intro Photography Class 10-3 p.m.	<b>18</b> Happy Feet Indoor Soccer for Pre-schoolers 9-9:30 a.m.	<b>19</b> Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall Girl Guides 6:15- 7:45 p.m.	<b>20</b>	<b>21</b> ParentLink playgroup 10 to noon at the Hall. No art class	<b>22</b> Seniors Activities at 7 p.m.	<b>23</b>
<b>24</b>	<b>25</b> Happy Feet Indoor Soccer for Pre-schoolers 9-9:30 a.m.	<b>26</b> Seniors Activities at 1 p.m. Bookmobile 5:30 to 7 p.m. at Hall	<b>27</b>	<b>28</b> ParentLink playgroup 10 to noon at the Hall. Adult Art Class 6:30 to 8 (downstairs)	<b>29</b>	<b>30</b> Recycling bins at Firehall