

# South Cooking Lake & Area Community League

100, 22106 South Cooking Lake Road  
Sherwood Park, AB T8E 1J1  
[www.southcookinglake.com](http://www.southcookinglake.com)



## April 2014 Newsletter

### Upcoming SCL & Area Community League Meetings

Meetings held the second Thursday of the month at 7 p.m. at the SCL Hall. Everyone welcome! Next meetings: Thursday, April 10<sup>th</sup> and Thursday, May 8<sup>th</sup>.

### Strathcona County Library Bookmobile

Starting mid-May, the Bookmobile will begin visiting the South Cooking Lake Hall on Wednesday mornings during Stay & Play with Parent Link beginning at 10 a.m. Join Chris for Bookmobile Family Storytime at 11:30 a.m. The Bookmobile will continue to be at the South Cooking Lake Hall for their regular weekly visit on Tuesday nights from 5:30 – 7 p.m.

### Stay and Play with Parent Link – Free unregistered program

Drop by the SCL Hall on Wednesday mornings from 10:30 to 12:30 to meet other parents in the area, enjoy some fun activities with your child and get to know what is happening in your community. For more information contact **780-416-6730**, [Parentlink@strathcona.ca](mailto:Parentlink@strathcona.ca), or visit the website at [www.strathcona.ca/parentlink](http://www.strathcona.ca/parentlink).

### Bunny Hop Kids' Easter Party

Sunday, April 13<sup>th</sup> from 1 to 3 p.m. at the South Cooking Lake Hall. Come out and enjoy crafts, games, facepainting, egg hunt and a visit from the Bunny! Cost is \$2 per child. All money helps fund future family activities in the community.

### Easter Service – South Cooking Lake United Church

There will be a Good Friday Service on April 18<sup>th</sup> at 7 p.m. Then on Sunday, April 20<sup>th</sup> at 7:30 a.m. there will be a lakeside service in the park (picnic area), followed by hot drinks, or enjoy the indoor service at 10:30 a.m. in the church. Come and celebrate!

### Dance Class Final Performance

"Dance Towards Your Dreams" - the year-end dance recital for the Tuesday night dance classes will be held on Monday, April 14<sup>th</sup> at Festival Place " at 7 p.m. Contact Rachelle at **780-662-4368** or [sayrachel@hotmail.com](mailto:sayrachel@hotmail.com).

### Stroller Walk Group

Meet at the SCL Hall Playground area on Thursdays at 11 a.m. on all days warmer than -10. Meet new friends in your area and exercise at the same time! For more info, contact Nikole at [nbordato@hotmail.com](mailto:nbordato@hotmail.com).

### Yoga Classes at the South Cooking Lake Hall

Yoga is on Wednesday evenings at 7:30 p.m. Cost is \$15 for drop in. Parent and Tot Yoga is on Friday mornings at 10 a.m. Cost is \$15 for drop in. For more information, contact [jayleenrenneberg@gmail.com](mailto:jayleenrenneberg@gmail.com).

### Trail Days Planning Meeting

Come to the Firehall Diner on Tuesday, April 15<sup>th</sup> at 7 p.m. to see how you can get involved.

### Monthly Sunday School at SCL United Church

Offered on the second Sunday of each month at 10:30 a.m. Games, obstacle courses, crafts, puppet shows, music and other activities. All children welcome. Contact Ooi Lin at **922-2483** or [phehleung@gmail.com](mailto:phehleung@gmail.com) for more information.

### South Cooking Lake Seniors Association

Tuesdays at 1 p.m. and Fridays at 7 p.m. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. Potluck at noon second Tuesday of each month. Wheelchair accessible. Minimum age 55. Annual fee of \$5. Contact Vi Haase for more info at **922-2174**.

### Trail Days 2014 – Saturday, August 16<sup>th</sup>

Mark your calendar! You won't want to miss this free family event! Tons of great activities including parade, pony rides, inflatable waterslide, games, car show, great food and more!!

## Thank You!

Thank you to everyone who came out to enjoy the East Coast Ceilidh on Saturday, March 22<sup>nd</sup> at the Hall. People brought their instruments and had a fun evening. Thank you to the Heart Acres for the fantastic entertainment and for donating their equipment for others to use. Money raised will be used to help fund future community events. ☺

## Update on Truck Fill Station

The proposed water truck fill location by St. Luke School did not pass first reading at the Strathcona County Council Meeting on March 25<sup>th</sup>. A group of concerned citizens from the hamlet attended the meeting to voice their concerns about the safety of the location, and the majority of councillors voted against the motion. Discussions for an alternate location will continue.

## Want to play Slo-pitch?

The Colchester Community League is looking for interest in an 18+ slo-pitch league to encourage community fun and interaction through sport. Anyone is welcome to join and can contact ColchesterCommunity@hotmail.ca.

## Ukulele Lessons Starting Soon

We're hoping to offer ukulele lessons on Friday nights at the SCL Hall starting soon, for 4 weeks. Contact Janine at [jheber@fultonvale.ca](mailto:jheber@fultonvale.ca) for more information. A ukulele is needed for this class.



## Share Your Talents with Youth in our Community

Do you or does someone you know have a skill you could teach young people in our community? Are you an artist who could teach introductory drawing skills? How about clay or pottery, karate, you name it. We want to hear from you! We're always looking activities to offer at the Hall and we would love to find opportunities for youth in our community to learn from older teens and adults from our community or nearby areas. Share your talents, meet new people and get some added income at the same time! This could be a one time workshop or a weekly class. Times are flexible. Contact Heather at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) with your ideas.

## Next Green Hectares 'Office Hours' – April 15<sup>th</sup> from 4 to 7 p.m.

If you need homework help, support for your small business, or access to community services and resources, Community Facilitator Lauren Hennig can help. The Rural Tech Mobile Computer Lab will also be available. Free WiFi, sponsored by the Strathcona County Library and Shell Canada. Located on the Seniors' Side of the Hall. Upcoming dates: May 20<sup>th</sup> and June 17<sup>th</sup>.

## The Travelling Hat

Don't forget to take the Trail Days Hat with you and get a picture of yourself wearing it on your vacation. Photos will be posted at the Hall to show all of the places our community members have travelled to. Latest adventure: Mexico. ☺ Contact Aila at **922-1653** or [abeckmerritt@gmail.com](mailto:abeckmerritt@gmail.com) to pick up the hat.

## Help Still Needed on the Community League Board

Some Board members are no longer able to continue their roles. Without these positions, our Community League may have to disband and our Hall could close. Please don't let this happen and come to a meeting to see how you can get involved, or contact Heather at **922-0388** or [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca). All help is tremendously appreciated. A large time commitment is not required. Please help ensure our community events can continue!

## Hall Rentals

Are you looking for a great space to rent for a special event this summer? Please spread the word about our community hall. For more information about rentals, please contact Shawna Kozak at **922-6372** or [shawna\\_opal@iCloud.com](mailto:shawna_opal@iCloud.com).

## Stay Connected!

Don't forget to add your name to the South Cooking Lake Hall Facebook page to receive updates about community events, and visit our website at [www.southcookinglake.com](http://www.southcookinglake.com) to view our Community Events Calendar. We apologize that our website needs updating right now and we hope to unveil the new look of our website soon. For now, Facebook is the best place for updates on Community Events and Activities.

If you would like to be added to our email subscriber list to receive this newsletter by email each month, contact Heather at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca).

<b>President:</b>	<b>LeRoi LaFleche</b>	<b>922-4775</b>	<b>rllafleche@live.com</b>
<b>Hall Rentals:</b>	<b>Shawna Kozak</b>	<b>922-6372</b>	<b>shawna_opal@iCloud.com</b>
<b>Newsletter:</b>	<b>Heather Cromb</b>	<b>922-0388</b>	<b>cromb@mcsnet.ca</b>

Thank you to these advertisers for helping to support this newsletter and activities in our community.



**West Wind**  
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Sherwood Park, AB T8G 1E7  
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We are happy to see and treat equine, canine and feline patients in our state of the art Facility located only a short distance from Sherwood Park, Edmonton and Tofield.

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**Small Animal Services**

- ❖ Medical & Surgical facility
- ❖ Annual exams & Vaccinations
- ❖ Surgery – including spays, neuters, Dentistry & lump removals
- ❖ Acupuncture



**IT'S BACK!**  
**Breakfast Buffet at the Firehall Diner**

10 a.m. to 1 p.m.

Restaurant hours:  
12-8 p.m. Wed to Sat  
Sun 9 a.m. to 7 p.m.

Convenience store items  
also available  
780-922-9290



**STRATHCONA**  
COUNTY

**Bonnie Riddell**  
Councillor, Ward 7

780-464-8003  
Bonnie.Riddell@strathcona.ca

[www.strathcona.ca](http://www.strathcona.ca)

**At your service...**  
*in rural Strathcona County*


South Contact Office	Rural Liaison Team
22142 South Cooking Lake Road (in Fire Station #2) Wednesday to Friday 1 p.m. to 4 p.m.	Dinah Canart, B.A., Coordinator 780-893-1177 Carolyn Brandon 780-922-1318



**Mark your calendar for**  
**Trail Days 2014!**  
**Saturday, August 16<sup>th</sup> (all day)**

Lots of free family activities to enjoy! Check our Facebook page for updates or posters at the stores and Firehall Diner.  
We hope to see you there!

South Cooking Lake  
**recycle events**



**Next date April 26 and 27**

Drop your recycling off in the bins set up at the Fire Station #2 on the last weekend of every month.





A bin will be set up, one side accepting paper products and the other accepting containers.  
Acceptable items include:

- corrugated cardboard (flattened, clean and dry)
- glass jars (food & beverage containers, lids removed)
- metal cans (aluminum cans and containers)
- mixed paper (inserts, flyers, cereal boxes, etc.)
- newspaper
- plastic containers

In an effort to ensure that these events are successful and continue, please put items into their correct bins and only drop off accepted items.

**Location**  
Fire Station #2  
22142 South Cooking Lake Road

**Questions?**  
780-449-5514  
[www.strathcona.ca/utilities](http://www.strathcona.ca/utilities)



Want to promote your business or event and support your community at the same time?

Advertise in the South Cooking Lake newsletter!  
Only \$10 for business card size ad.

Contact Heather at [cromb@mcsnet.ca](mailto:cromb@mcsnet.ca) for more information.

**Happy Easter from the South Cooking Lake Community League!**

